

## Welcome to Café Mylor

Please view our daily specials board and order your food at the counter

### full breakfasts - available until 11:45am

<b>full cornish</b>	2 smoked bacon   pork sausage   hog's pudding   hash brown   baked beans vine tomato   flat mushroom   fried egg   granary toast	8.5
<b>full vegi</b>	2 vegi sausages   2 flat mushrooms   2 hash browns   baked beans   vine tomato fried egg   granary toast	8.5
<b>full vegan</b>	2 vegi sausages   2 hash browns   garlic mushrooms   baked beans   spinach vine tomato   granary toast	8.5

add additional items to your breakfast @ £1 per item

### all day breakfasts & brunch

<b>mini cornish</b>	smoked bacon   pork sausage   hash brown   baked beans   fried egg   granary toast	6.5
<b>mini vegi</b>	vegi sausage   flat mushroom   hash brown   baked beans   fried egg   granary toast	6.5
<b>mini vegan</b>	vegi sausage   hash brown   baked beans   spinach   tomato   granary toast	6.5
<b>pancakes</b>	smoked bacon & maple syrup or berry compote, honey & yoghurt	8.5   7.5
<b>potato rosti</b>	asparagus   rocket   poached egg   hollandaise add flat mushroom   vine tomatoes £1 per item add smoked salmon   grilled haddock   serrano ham £2 per item	8

### eggs

<b>benedict</b> 8.5 ham   poached eggs toasted muffin   hollandaise	<b>royal</b> 9 smoked salmon   poached eggs toasted muffin   hollandaise	<b>florentine</b> 8 spinach   poached eggs toasted muffin   hollandaise
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#### eggs & toast (fried or scrambled or poached) 5.5

add hogs pudding   hash brown   mushroom   spinach   tomato	£1 per item
add bacon   pork or vegi sausage   smoked salmon   crushed avocado & chilli	£2 per item

**omelette - choose 3 fillings** served with granary toast, rocket or chips 8.5  
ham | chicken | bacon | mushroom | red onion | chives | spinach  
olives | tomato | feta | cheddar | blue cheese | brie | goats cheese

**omelette special** filled with smoked salmon, spinach & brie served with chips 9.5

### breakfast sandwich

<b>filled bap</b>	<b>bap or malted sandwich or malted toast</b>	1   2   3 fillings	5   6   7
	<b>granary baguette</b>	1   2   3 fillings	6   7   8
	bacon   pork or vegi sausage   egg   hash brown   mushroom hogs pudding   tomato   cheddar		

### toast & oats

<b>granola</b>	honey butter baked oats   pumpkin & sunflower seeds   almonds dried cranberries   yoghurt   berries	5
<b>porridge</b>	fresh cream & honey	5
<b>toast</b>	granary toast, butter & jam   marmalade   marmite or honey granary toast & baked beans granary toast & houmous	2.5 4.5 4.5
<b>cereal</b>	assorted cereal served with milk	2

## lunch

<b>corn nachos</b> melted cheddar   salsa   guacamole   jalapeños   sour cream   rocket   chives	8.5
<b>carved ham</b> fried eggs   chips	9.5
<b>pork sausages</b> fried eggs   chips (vegetarian option available)	8.5
<b>sausage &amp; caramelised onion baguette</b> bbq dip   chips (vegetarian option available)	9
<b>fish 'n' chips</b> tartare sauce - beer battered or panko bread crumbed - side salad or garden peas	10.5
<b>half rack bbq pork ribs</b> chips   side salad	9.5

## salads

<b>chicken caesar</b> avocado   crispy bacon   baby gem   croutons   parmesan	9.5
<b>greek</b> feta   olives   cherry tomatoes   cucumber   red onion   leaf   oregano   olive oil	8.5
<b>smoked salmon</b> prawns   crayfish   avocado   cucumber   marie rose   lemon	10.5

### cold beetroot wraps

served with a side salad or chips

coronation chicken	9
prawn   crayfish   marie rose	10
tuna mayo   red onion   cucumber	9.5
savoury cheddar   mayo	9
bbq chicken   cheddar   crispy bacon	9.5
houmous   carrot crunch   quinoa   sweet chilli	9

extra cheddar add £1

### hot filled jackets

baked potato served with a side salad

cheddar	8.5
prawn   crayfish   marie rose	10
tuna mayo	9.5
baked beans	8.5
houmous	8.5
coronation chicken	9

extra cheddar add £1

## cold sandwiches

malted bloomer or gluten free bread | granary baguette add £1

traditional 6	favourite 7	deluxe 8
• ham   mustard	• coronation chicken   coriander	• prawn   crayfish   marie rose   avocado
• cheddar   chutney	• ham   cheddar   tomato	• chicken caesar   bacon   avocado   parmesan
• egg mayo   chive	• tuna mayo   carrot crunch	• goats cheese   serrano ham   rocket   pesto
• houmous   beetroot	• brie   avocado   red pepper relish	• smoked salmon   cucumber   guacamole

add extra salad to any sandwich add £1

## toasties

<b>fill your own</b>	<b>malted bloomer or gluten free bread</b>	1   2   3 fillings	6.5   7.5   8.5
	ham   chicken   tuna mayo   blue cheese   cheddar   brie   tomato   avocado		
	red onion   chutney   pesto   bbq		
<b>triple deck club</b>	chicken   ham   cheddar   egg mayo   gem lettuce   tomato		9.5
<b>cornish rarebit</b>	<b>3 cheese baked bloomer crust</b>		8
	cheddar   brie   blue   tribute   mustard   rocket & red onion salad   tomato chutney		
<b>B.L.T.</b>	<b>toasted sandwich or baguette</b> smoked bacon   baby gem   vine tomato   mayo		7   8

## sides

<b>potato wedges</b> & sour cream	4.5	<b>side salad</b> small   large	3   4.5
<b>chips</b> handful   regular	2.5   3.5	<b>garlic bread   add cheese</b>	2.5   3.5
<b>cheesy chips</b> handful   regular	3.5   4.5	<b>crusty bread</b> & butter	2

## all things vegan

vegan breakfasts are available on our breakfast menu

### vegan snacks

<b>soup</b>	garden pea   mint   crusty bread	5.5
<b>sandwich</b>	<b>malted bloomer or granary baguette</b> houmous   avocado   baby gem   red onion   sweet chilli   coriander	7   8
<b>tapas</b>	olives   houmous   semi dried tomatoes   pitta	6

### vegan salads

<b>waldorf</b>	beetroot   apple   celery   walnuts   leaf   red onion   sultanas   croutons   beetroot dressing	8.5
<b>garden</b>	quinoa   asparagus   spinach   carrot   pepper   red onion   seeds   pine nuts   sweet chilli	9.5
<b>falafel</b>	cherry tomatoes   cucumber   red onion   olives   avocado   rocket   red pepper dressing	9.5

### vegan lunch

<b>jalfrezi</b>	roast vegetable curry   chickpeas   spinach   coriander   steamed rice	10
<b>T.L.T.</b>	triple deck toasted malted bloomer sandwich   fried smoked tofu   houmous crushed avocado   vine tomato   baby gem   sliced beetroot & chilli jam	9.5
<b>jacket</b>	baked potato   houmous or baked beans   side salad   balsamic dressing	8.5

we do not have a separate kitchen area or utensils for vegan food preparation

## kids menu or for the smaller appetite

### all day breakfast

<b>mini muffin</b>	choose 1 filling bacon   sausage   fried egg	4
<b>build a breakfast</b>	choose 4 items bacon   pork   vegi sausages   fried egg   poached egg mushroom   tomato   baked beans   hash brown   toast	4.5
<b>pancakes</b>	bacon & maple syrup berries, yoghurt & honey lemon & sugar	4.5 4 3.5
<b>egg on toast</b>	poached   fried   scrambled	3.5
<b>beans on toast</b>	heinz beans   add cheese	3   4
<b>toastie</b>	cheese   cheese & ham	4.5   5.5
<b>omelette</b>	choose 2 fillings ham   chicken   cheddar   mushroom   tomato   spinach	4.5
<b>porridge</b>	honey	4
<b>cereal box</b>	assorted cereal with milk	2
<b>kids toast</b>	hovis white   butter & jam	2

### mini meals 6.5

<b>fish &amp; chips</b>	wrapped in a comic
<b>chicken nuggets &amp; chips</b>	
<b>pork or vegi sausages, chips &amp; beans</b>	
<b>ham, fried egg &amp; chips</b>	
<b>mac 'n' cheese &amp; garlic bread</b>	
<b>prawn &amp; crayfish salad</b>	
<b>half filled wrap</b>	from our main menu & chips
<b>nachos</b>	cheddar, salsa, guacamole, sour cream
<b>jacket potato</b>	beans or cheese

### sandwich hovis white

choose 1 filling ham   cheddar   chicken   tuna mayo   egg mayo	4.5
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### little desserts

<b>warm chocolate brownie</b>	vanilla ice cream	3.5
<b>eton mess ice cream sundae</b>	raspberry sauce	3.5
<b>callestick ice cream tubs</b>		2.2
<b>assorted ice lollies</b>		2

## desserts & cakes

<b>warm chocolate brownie</b>	vanilla ice cream or clotted cream	4.5
<b>eton mess ice cream sundae</b>	raspberry sauce	5
<b>lemon sorbet</b>	berry compot <b>V</b>	4.5
<b>cream tea</b>	plain or fruit scone   clotted cream   strawberry jam   pot loose leaf tea	6
<b>toasted teacake</b>		2

please see the counter for a selection of cakes